

Mirela

HEALTH & BEAUTY



Get pampered with our wide range of
Holistic health & beauty treatments for men and women!

REVITALISE YOUR SKIN

We offer a large range of specialist facials using organic and the latest highly effective range of products which give outstanding results.

Depending on your requirements we can offer treatments which provide such benefits as deep pore cleansing, calming, rejuvenating, firming and a lot more.

We offer product ranges which are organically certified and integral in rejuvenating the skin, giving your face that healthy glow and helping repair your skin after the exposure to sunlight.

MAINTAIN YOUR APPEARANCE WITH LESS MAKE UP

Why not consider an eyelash and eyebrow tint and save yourself time and trouble?

PREPARE YOUR FEET

Consider having a pedicure to give your feet a much needed lift after the summer season.

And this is not only for the ladies – our pedicures are available for the men too!

GET A TAN THE HEALTHY WAY

We offer a safer alternative with BaliSun tanning.

A quick and pleasant application will give you a fabulous all over tan which looks natural, smells gorgeous and gives you that healthy summer glow instantly!

WAXING

We offer waxing for both men and women, so make sure you are always perfectly groomed.

TEEN TREATS –SKINCARE FOR TEENAGERS

Clean and clear young skin!

Let us improve your teenager's skin and bring out their natural healthy glow of youth with our expert facials and a specialist skin range.

ELIMINATE WATER RETENTION, REDUCE CELLULITE AND TONE UP FOR THE NEW SEASON

A build up of toxins and sluggish circulation are common problems in the colder months.

Let our highly trained therapists help you make a smooth and healthy transition into new season. We use the latest techniques of lymph drainage and detoxification to achieve smooth, toned, healthy appearance!

TONED AND RELAXED BODY

Join our international clientelle and experience a superb range of massages and bodywork. We cater for all your needs – whether you require deep, remedial tissue work or a relaxing, pampering massage which will leave you supple and pain –free.

THE AGE OF THE WELL-GROOMED MAN

We are offering a wide range of therapies and treatments specifically designed and tailor-made for our male clients.

LIFESTYLE MEDICINE

Our highly trained clinical nutritionist and lifestyle medicine specialist will identify and correct the underlying causes of any of your health problems and use a variety of therapies and techniques to bring your life back into vibrant balance.

A wide range of world-class anti-ageing superfoods and supplements is available to facilitate a speedy journey to perfect health, wellbeing and boundless energy!

SPECIAL OFFER!

Book your treatments between 10 am and 3pm on Tuesdays and get a 20% discount!

WORKING WOMEN! SAVE TIME & MONEY!

Have a speedy pedicure, toe polish, half leg & bikini wax for only £48

SLIMMING AND DETOX PACKAGE

For excellent results, book a course of 5 one hour detoxifying wraps, five anti-cellulite G5 massage sessions and a nutritional consultation for only £360 (save £105!)

ANTI-NATAL MASSAGE

Get £10 off your massage! (normal price £55)

GLOWING SKIN!

Take time for a natural glow with our range of fabulous Organic facials and receive a free eyebrow tidying!

SPECIAL OFFERS FOR OUR MALE CLIENTS!

Please call for details.

Please book on: 020 7226 6030
13 Canonbury Place, London N1

Gift vouchers available



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We hope to see you soon!

13 Canonbury Place, London N1
020 7226 6030

